

Name: Elmarie Pretorius



SPAR Ladies Challenge 2021

22/8/2021	Pietermaritzburg	41:27
4/9/2021	CT	40:47
11/9/2021	Durban	40:27
24/9/2021	Tshwane	41:51
3/10/2021	JNB	42:38
9/10/2021	Gqeberha	41:49
17/10/2021	CT Marathon	3:13:58 (Age cat winner)
14/03/2020	OmdieDam 21k	1:37:49 (Age cat winner)
26/01/2019	Akasia 21k	1:36:45 (Age cat winner)

09/02/2019	Bronkhorstspruit 32	2:43:19
13/04/2019	Loskop ultra	4:19:35 (Age cat winner)
15/9/2019	CT Marathon	3:15:47 (Age cat 2 nd place)
28/09/2019	SA 10k champs Middelburg	42:23 (Age cat winner)

2019: Completed 20th consecutive Comrades