



CURRICULUM VITAE: **Ketema Bekele NEGASA**

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Ketema Bekele Negasa
COUNTRY: Ethiopia
CLUB: Nedbank Running Club
D.O.B: 7 October 1986
NATIONALITY: South African
CONTACT: thomassw2002@yahoo.com



PERSONAL BEST PERFORMANCES

| Distance | Time | Race | Date |
|---------------|---------|----------------------|------|
| Marathon | 2:11:07 | Cape Town (RSA) | 2017 |
| 50 Kilometres | 2:42:08 | Port Elizabeth (RSA) | 2021 |

Personal Performances 2021

Nedbank Runified Breaking Barriers 50-K, Port Elizabeth, 2:42:08, 1st

Personal Performances 2019

Osaka Marathon, Osaka, 2:12:09, 6th

Personal Performances 2018

Cape Town Marathon, Cape Town, 2:16:02, 11th

Personal Performances 2017

Cape Town Marathon, Cape Town, 2:11:07, 2nd

Personal Performances 2016

Pyongyang Marathon (PRK) 2:14:31

Personal Performances 2014

Tiberias Marathon (ISR) 2:11:17
Gauteng Marathon (RSA) 2:15:05 (Winner)

Personal Performances 2013

North Korea Marathon 2:12 (Winner)
Siberian Marathon 2:13:23 (Winner)
Pyongyang, PRK Mangyongdae Marathon 2:13:04 (Winner)

Personal Performances 2012

Siberian Marathon 2:14:59



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