



Athlete Profile

Name Melly Kennedy Kiptoo
Gender Male
Date of Birth 31 December 1981
Nationality Kenya
Results: **Winner Ethkwani Marathon Durban 2016,2015**
Petro SA Marathon, 5th and 4th
All in Africa 56km 1st – 3H08
Vaal Marathon 2018 – 1st
Mandela Marathon 2016 3rd and 2017 4th
Soweto Marathon 2:26:30



Comments: Melly has been coming to South Africa since 2012 to race and has learned how to run in South Africa and has adapted to the conditions very well. Notching up tough events such as Ethkwani Township to Township Marathon twice.

Qualified last year for 2 Oceans with a 2H18 at Kilimanjaro Marathon where he was 7th position and finished two oceans in 4th which is one better than 2017 where he was 5th. Melly was the fastest qualifier on the start line of the 2018 event. Having 2 top 10 finishes in the 56km race Melly has been able to adjust his programme to have an all out effort at the top podium position in 2019. An extremely disciplined athlete who is hungry for success at the Ultra Distance.

Melly lives in Kapsabet but does the majority of his training in Ngong.

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