

# 50KM ULTRA MARATHON RECORD ATTEMPT

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## COVID-19 INFORMATION DOCUMENT

All Local, International Athletes, Support Staff and Contract workers on the race that participate or work at the Nedbank RUNIFIED 50km Race, due to take place on Sunday 06 March 2022 are advised to adhere to all COVID 19 Regulations as Gazetted on 01 October 2021 by the South African Government - <https://www.gov.za/covid-19/about/coronavirus-covid-19-alert-level-1>

**GATHERINGS** – 1,000 people indoor or 50% of venue capacity and outdoor 2,000 people

The risk of increase of infection is still high given the high transmissibility of the Omicron variant. Government therefore calls on all organisers of these gatherings to ensure that all health protocols are observed at all times and that all attendees of events and or sporting events are encouraged to be vaccinated.

Upon arriving at the designated Hotel or at any meetings, planned events and or any other gathering before, during your stay as well as before the start of the race, you will be required to sanitize at all times, wear your mask / buff that covers your nose and mouth, fill in the COVID-19 register and do the required temperature check that will be available at all points.

**INTERNATIONAL TRAVELLERS:** Travelers arriving on a flight or via transport from neighboring countries and International travelers arriving at the airports or Ports of Entry listed as per the South African Government, must provide a valid certificate of a negative COVID-19 test, recognized by the World Health Organization, which was obtained not more than 72 hours before the date of travel. In the event of the traveller's failure to submit a certificate as proof of a negative COVID-19 test, the traveler will be required to do an Antigen Test on arrival at his or her own cost and in the event of a traveler testing positive for COVID 19, he or she will be required to isolate him or herself at his or her own cost, for a period of 10 days.

**COVID-19 regulations level as Gazette by the South African Government on 01 October 2021 encourages every person to adhere to all COVID-19 Health protocols**

- Screening for COVID-19 and quarantine or isolation, where necessary
- Sanitize and washing of hands
- Wear your mask/buff at all times that covers the nose and mouth except from start to finish of race and when vigorously exercising outdoors.
- Social distancing outdoors and indoors, at least one and a half meters from any other person.

***If the persons refuse to disperse, appropriate action will be taken by the designated COVID-19 Enforcement Officer, which may, subject to the Criminal Procedure Act, 1977 (Act No. 51 of 1977), include the arrest and detention of any person at the gathering.***

The Race Organizers will not be held liable to pay for any cost for any COVID-19 Tests or Antigen Tests, Accommodation, Medical Bills or Food due to the person/people for any isolation or quarantine for testing positive for COVID-19, upon arrival, during the event or before departure to their designated country or any local travelers.

***\*NOTE – if the South African Government enforces any other Alert Level before the race, updates will be done in due time and all the regulations need to be adhered to.***

