



## CURRICULUM VITAE: **Patience Murowe**

### **PERSONAL DETAILS**

**FIRST NAME / SURNAME:** Patience Murowe  
**DATE OF BIRTH:** 28 Augustus 1988  
**CLUB:** Nedbank Running Club  
**NATIONALITY:** Zimbabwe  
**EMAIL:** [pgarauzive6@gmail.com](mailto:pgarauzive6@gmail.com)  
**CONTACT:** [+263 77 915 1505](tel:+263779151505)



### **PERSONAL BEST**

| Event      | Result  | Venue                | Date |
|------------|---------|----------------------|------|
| 10 km Road | 34:04   | Port Elizabeth (RSA) | 2019 |
| 21 km Road | 1:15:55 | Harry Gwala          | 2016 |

### **PERSONAL PERFORMANCES 2021**

Nelson Mandela Bay Half Marathon, Port Elizabeth, 1:18:41, 20<sup>th</sup>  
 Spar Ladies Pietermaritzburg, 35:31, 8<sup>th</sup>  
 Spar Ladies Cape Town, 34:31, 5<sup>th</sup>  
 Spar Ladies Durban, 34:47, 11<sup>th</sup>  
 Spar Ladies JHB, 36:03, 9<sup>th</sup>  
 Spar Ladies Pretoria, 36:29, 11<sup>th</sup>  
 Spar Ladies Port Elizabeth, 34:55, 9<sup>th</sup>

### **PERSONAL PERFORMANCES 2020**

Phobians Pretoria (agn) 21km 1:26:01

### **PERSONAL PERFORMANCES 2019**

Deloitte Pretoria (agn) 21km, 1:24:50  
 Two Oceans 21km 1:19:02, 7<sup>th</sup>  
 Spar Ladies PE 34:04, 8<sup>th</sup>  
 Spar Ladies CT 35:29  
 Spar Ladies Durban 34:27, 10<sup>th</sup>  
 Spar Ladies Pretoria 36:45, 10<sup>th</sup>

### **PERSONAL PERFORMANCES 2018**

Oursurance Kfm Gun Run (wp) 21km, 1:17:39  
 Spar Womens Race (agn) 10km, 37:33  
 Old Mutual Two Oceans (wp) 21km, 1:17:33



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**PERSONAL PERFORMANCES 2017**

1<sup>st</sup>, Johnsoncrane 21km, 1:18:29

1<sup>st</sup>, Deloitte 21km, 1:20:26

Spar Ladies Cape Town (wp), 10km, 35:27



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