



Sport Development

NICK B SPORT PROMOTIONS:

Previous Successes & Highlights of the Harmony Athletics Club and the Nedbank Running Clubs

- Our biggest aim was to develop and nurture South African athletes to become champions in South African races. We believe that South African athletes have the talent and determination to succeed amongst world-class athletes in our local races. We have been committed to breaking the strong hold that international athletes had in dominating the major South African races, by continuously supporting and promoting our local talent. We, together with the media and public are experiencing the improvement of South African athletic performances:
- The following achievements were recorded by NB Sport Dev. Incorporating the Harmony AC between 2000 and 2007 and the Nedbank Running Club since Nedbank became the major sponsor for the team from 2008 to the present.
- The clubs were previously sponsored by Harmony Gold mines from 2000 through to 2007. Please take time in reviewing our success from the start in 2001 with only 5 members to an incredible growth of 4500 members' nationwide at present.
- From 2002, Harmony AC had an average of 5 (Male) & 4 (Female) **South African** Top 20 finishers at the Two Oceans and Comrades Marathons; represented 46 % (Males) & 29% (Females) of the **TOTAL South Africans** in the TOP 20.
- 2002 and 2004 – First South African Male in the Comrades Marathon.
- 2004 – First South African Female in the Comrades Marathon.
- 2005 – First overall & First South African Male at the Comrades Marathon.
- 2006 – Runner up & First South African Male at the Comrades Marathon.
- 56% of South African males in the Top 20 of the Comrades Marathon were from HAC (2002 – 2006)
- **2005** - Harmony runner Siphon Ngomane won the Comrades Marathon.
(First South-African Harmony athlete to achieve this)
- Harmony female athlete, Tatyana Zhirkova won the Comrades Marathon.
- Harmony runner Marko Mambo won the Two Oceans Marathon.

- . **2006** - Harmony athlete Oleg Kharitonov won the Comrades Marathon.
- Harmony athlete Mose Njodzi won the Two Oceans Marathon.
- . **2007** - Harmony athlete Leonid Shetsov won the Comrades Marathon, breaking the record in the process.
(The record stood for 21 years, and stood behind the name of Bruce Fordyce in the 1980's)
- Harmony athlete Bethuel Netshifhefhe won the Two Oceans Marathon.
(First South-African Harmony athlete to achieve this)
- Harmony female athlete Oleysa Nurgalieva won the Comrades Marathon.
- . **2011** - Nedbank athlete George Ntshiliza won the Two Oceans Marathon
- . **2013** - Nedbank athlete Claude Moshiywa won the Comrades Marathon
- . **2014** - Nedbank athlete Bongmusa Mthembu won the Comrades Marathon
- Nedbank athlete Eleanor Greenwood won the Comrades Marathon
- Nedbank athlete Nina Podnebesnova won the Two Oceans Marathon
- . **2015** - Nedbank athlete Caroline Wostmann won the Comrades Marathon
- Nedbank athlete Caroline Wostmann won the Two Oceans Marathon
- . **2016** - Nedbank athlete Charne Bosman won the Comrades Marathon
- Nedbank athlete Mike Fokoroni won the Two Oceans Marathon
- . **2017** - Nedbank athlete Camille Herron won the Comrades Marathon
- Nedbank athlete Lungile Gongqa won the Two Oceans Marathon
- Nedbank athlete Maryna Damantsevich won the Two Oceans Marathon
- Nedbank Athletes Colin Parura won the Om die Dam Marathon
- Nedbank Athletes Irvette van Zyl won the Soweto Marathon
- Nedbank Athletes Mamoralo Tjoka won the Mandela Day Marathon
- Nedbank Athletes Tekletsion Tefera won the Mandela Day Marathon
- Nedbank Athletes Irvette van Zyl won the Spar Ladies race Pretoria and Johannesburg
- Five Nedbank athletes were chosen to represent their country at the World Marathon Championships in London - They were Lungile Gongqa, Sibusiso Nzima, Irvette Van Zyl, Rutendo Nyahora and Namakoe Nkhasi
- . **2018** - Nedbank athlete Justin Kemboi won the Two Oceans Marathon
- Nedbank athlete Gerda Steyn won the Two Oceans Marathon
- Nedbank Athletes Irvette van Zyl won the Soweto Marathon (new Reckord time and South Africa 2nd fastest time for 2018 – 02:33:43)
- Nedbank Athletes Sintayehu Legese Yinesu won Soweto Marathon
- Nedbank Athletes Sintayehu Legese Yinesu won Mandela Day Marathon
- Nedbank Athlete Loice Jebet won Mandela Day Marathon

- Five Nedbank athletes were chosen to represent South Africa and compete at the World 100km Championships in Sveti. They were Fikile Mbutuma, Deanne Horn, Best Ngwenya, Claude Moshiywa and Ludwick Mamabolo
- Nedbank Athletes Gerda Steyn runs South Africa's fastest Marathon Time for 2018 at the New York Marathon – 02:31:04
- Nedbank Athlete David Manja achieves 2nd place at the Dublin Marathon, Ireland
- Nedbank Athletes Irvette van Zyl won the Spar Ladies Race Pietermaritzburg and Johannesburg
- Nedbank Athlete Sibusiso Nzima won Gaborone Marathon
- Nedbank Athlete Sibusiso Nzima won Durban City Marathon
- Nedbank Athlete Loveness Madziva won Durban City Marathon
- Nedbank Athlete Charne Bosman won Loskop Marathon
- Nedbank Athlete Marko mambo won Om die Dam Marathon

Achievements of Harmony Athletes

Year	COMRADES		TWO OCEANS	
2002	<u>MALE</u> Willie Mtolo (2nd) Able Geldenhuys (6) Moses Lebakeng (11) Mohlala Moholi (14) Neil van Schalkwyk (15) Isaac Tshabalala (19)	<u>FEMALE</u> Amor van Zyl (12) Rene du Plessis (15) Ingrid Prinsloo (18)	<u>MALE</u> Willie Mtolo (3) Thabiso Moqhali (13) Moses Lebakeng (14) Isaac Tshabalala (20)	<u>FEMALE</u> Paulina Phaho (11) Catherine Naane (19)
2003	<u>MALE</u> Joseph Molaba (3) Willie Mtolo (8) Moses Lebakeng (10) Johan Oosthuizen (14) Able Geldenhuys (15) Motsile Mpotoane (19) Simon Malindi (20)	<u>FEMALE</u> Farwa Mentoor (8) Rene du Plessis (17) Esme Koopman (20)	<u>MALE</u> Albert Koao (4) Zacharia Mpolokeng (5) Joseph Molaba (7) September Marake (11) Thabiso Moqhali (15) Johannes Maluleka (16) Simon Malindi (17) Nixon Nkodima (20)	<u>FEMALE</u> Farwa Mentoor (3) Linah Mhlongo (13) Esme Koopman (16) Paulina Phapo (19)
2004	<u>MALE</u> Willie Mtolo (4) Jacob Madima (10) Peterson Khumalo (11) Herman Mokgadi (12) Elias Mabane (14)	<u>FEMALE</u> Farwa Mentoor (3) Mene Olivier (14)	<u>MALE</u> Herman Mokgadi (13) Willie Mtolo (16) Joseph Molaba (18)	<u>FEMALE</u> Gladys Lukhwareni (3) Farwa Mentoor (5)

2005	<u>MALE</u> Sipho Ngomane (1) Oleg Kharitonov (2) Elias Mabane (9) Albe Geldenhuys (10) Sipho Maisela (16) Peterson Khumalo (20)	<u>FEMALE</u> Ttiana Zhirkova (1) Farwa Mentoor (4) Mene Olivier (11) Adinda Kruger (15) Celeste Swart (17)	<u>MALE</u> Marco Mambo (1) Sipho Ngomane (2) Graham Malinga (3) Lucketz Swartbooi (4) Kaserai Sita (6) Honest Mutsukani (8) Harmans Mokgadi (9) Moses Njodzi (10)	<u>FEMALE</u> Gladys Lukhwareni (4) Tatiana Zhirkova (5) Farwa Mentoor (6) Paulina Phaho (8)
2006	<u>MALE</u> Oleg Kharitonov (1) Brian Zondi (2) Gregory Murzin (4) Victor Ngubelanga (15) Magnus Michelsson (16)	<u>FEMALE</u> Tatiana Zhirkova (3) Marina Myshlaynova (5) Farwa Mentoor (6) Mene Olivier (12)	<u>MALE</u> Moses Njodzi (1) Honest Mutsukani (2) Sipho Ngomane (3) Henry Moyo (5) Brian Zondi (7) Kaserai Sita (8)	<u>FEMALE</u> Tatiana Zhirkova (1) Farwa Mentoor (5) Louisa Leballo (6) Ursula Frans (10)
2007	<u>MALE</u> Leonid Shetsov (1) Gregory Murzin (2) Oleg Kharitonov Sipho Ngomane (8) Lucas Nonyana (9) Harmans Mokgadi (14) Elias Mabane (15)	<u>FEMALE</u> Oleysa Nurgalieva (1) Elena Nurgalieva (2) Farwa Mentoor (4) Maria Bak (8) Adinda Kruger (9)	<u>MALE</u> Bethuel Netshifhefhe (1) Josia Thugwane (2) Moses Njodzi (5) Sipho Ngomane (7)	<u>FEMALE</u> Elena Nurgalieva (3) Olyesa Nurgalieva (4) Simone Staicu (5) Samukeliso Moyo (6) Farwa Mentoor (9) Angelina Molaba (10)

Nedbank Running Club Achievements

Year	COMRADES	TWO OCEANS		
2008	<u>MALE</u> Grigory Murzin (5) Harmans Mokgadi (6) Peter Molapo (17)	<u>FEMALE</u> Lelanie Van Zyl (13)	<u>MALE</u> Peter Muthubi (7) Johannes Maseko (9) Lucas Nonyana (16) Harmans Mokgadi (19)	<u>FEMALE</u> Jane Mudau (12)
2009	<u>MALE</u> Leonid Shvetsov (2) Lucas Nonyana (5) Peter Molapo (8) Harmans Mokgadi (10) Victor Ngubelanga (12) Peter Muthubi (17) Eric Ngubane (19)	<u>FEMALE</u> Tatyana Zhirkova (3) Marina Myshlyanova (4) Lesley Train Austin (6) Lindsay Van Aswegen (8) Belinda Waghorn (9) Berdine Smit (16)	<u>MALE</u> Melikhaya Kepe (12) Mzwanele Maphekula (14) Sipho Maisela (18)	<u>FEMALE</u> Adinda Kruger (5) Jane Mudau (8) Berdine Smit (11) Lelanie van Zyl (15) Annatjie Botes (19)
2010	<u>MALE</u> Peter Molapo (8) Peter Muthubi (10)	<u>FEMALE</u> Irina Antropova (6) Adinda Kruger (8) Lesley Train Austin (10) Jane Mudau (13) Julanie Basson (14) Ann Ashworth (15)	<u>MALE</u> Mike Fokoroni (6) Sandile Ngunuza (10) Peter Muthubi (14) Mzwanele Maphekula (15)	<u>FEMALE</u> Adinda Kruger (3) Tshifhiwa Malobola (4) Kerry Koen (9) Lesley Train (11) Jane Mudau (19) Celeste Swart (20)

2011	<u>MALE</u> Claude Moshiywa (3) Jonas Buud (4) Chasara Masiyatsva (6) Michael Wardian (11)	<u>FEMALE</u> Kami Semick (3) Eleanor Greenwood (4) Irina Antropova (6) Lizzy Hawker (7) Adinda Kruger (8) Kerry Koen (9)	<u>MALE</u> George Ntshiliza (1) Henry Moyo (8) Michael Wardian (19)	<u>FEMALE</u> Simona Staicu (4) Nina Podnebesnova (5) Elizebeth Hawker (6) Madina Biktagirova (11) Kerry Koen (13)
2012	<u>MALE</u> Leboka Noto (3) Leonid Shvetsov (5) Claude Moshiywa (9)	<u>FEMALE</u> Eleanor Greenwood (2) Joasia Zakrzewski (4) Devon Yanko (5) Irina Antropova (7) Natalia Volgina (8)	<u>MALE</u> Henry Moyo (2) Collen Makaza (3) Mthandazo Qhina (6) Odwa Tuniswa (8) Kimutai Lezan (9)	<u>FEMALE</u> Natalia Volgina (2) Devon Yanko (3) Lizih Chokore (7) Helga Mathee (20)
2013	<u>MALE</u> Claude Moshiywa (1) Jonas Buud (2) Ludwick Mamabolo (4) Henry Moyo (6) Sandile Ngunuza (14)	<u>FEMALE</u> Irina Antropova (3) Joasia Zakrzewski (4) Holly Rush (7) Ann Ashworth (14) Fikile Mbuthuma (16)	<u>MALE</u> Mthandazo Qhina (2) Collen Makaza (4) Warinyane Lebopo (5) Sithhilo Diko (12) Claude Moshiywa (13)	<u>FEMALE</u> Ellie Greenwood (3) Jenniffer Koech (6) Camille Herron (7) Helga Mathee (15)
2014	<u>MALE</u> Bongmusa Mthembu (1) Ludwick Mamabolo (2) Jonas Buud (7)	<u>FEMALE</u> Eleanor Greenwood (1) Irina Antropova (4) Caroline Wostmann (6) Frida Södermark (8) Fikile Mbuthuma (12)	<u>MALE</u> Hendrick Ramaala (2) Ketema Tadesse (5) Michael Mazibuko (6) Henry Moyo (8) Mthandazo Qhina (9)	<u>FEMALE</u> Nina Podnebesnova (1) Shitaye Debullu (2) Chelitu Asefa (6) Ntombesintu Mfunzi (7) Alemtsehay Kakissa (8)
2015	<u>MALE</u> Mohammed Husien (2) Claude Moshiywa (7) Vasily Larkin (10) Sage Canaday (15) Siphiwe Ndlela (17) Renier Grobler (18) Harmans Mokgadi (19)	<u>FEMALE</u> Caroline Wostmann (1) Charne Bosman (2) Nina Podnebesnova (5) Eleanor Greenwood (6) Emmerentia Rautenbach (7) Joasia Zakrzewski (8) Simona Staicu (9)	<u>MALE</u> Collen Makaza (2) Mthandazo Qhina (4) Mohammed Husien (8) Gashaw Asfaw (15) Hendrick Ramaala (17) Claude Moshiywa (19)	<u>FEMALE</u> Caroline Wostmann (1) Nina Podnebesnova (2) Charne Bosman (5) Simona Staicu (6) Devon Yanko (7) Chelitu Adefa (8) Paulina Njeya (9)
2016	<u>MALE</u> Ludwick Mamabolo (2) Mike Fokoroni (4) Claude Moshiywa (6) Siphiwe Ndlela (7) Max King (8) Fritjof Fagerlund (14) Renier Grobler (18)	<u>FEMALE</u> Charne Bosman (1) Kajsa Berg (3) Sarah Bard (4) Fikile Mbuthuma (8) Gerda Steyn (9) Frida Södermark (10) Traci Falbo (18) Cassandra Scallon (19)	<u>MALE</u> Mike Fokoroni (1) Collen Makaza (2) Ludwick Mamabolo (6) Kebede Dinke (9) Siphiwe Ndlela (10) Moses Kurgat (11) Mthandazo Qhina (14) Claude Moshiywa (15)	<u>FEMALE</u> Amelework Boshu (3) Charne Bosman (4) Jennifer Koech (7) Simona Staicu (8) Alemtsehay Kakissa (9) Chelitu Asefa (13) Gerda Steyn (14) Ursula Frans (18)

2017	<u>MALE</u> Hatiwande Nyamande (2) Ludwick Mamabolo (4) Siphiwe Ndlela (6) Steven Way (9) Fritjof Fagerlund (10) Marko Mambo (11) Patrick Reagan (12) Mike Fokoroni (18)	<u>FEMALE</u> Camille Herron (1) Charne Bosman (3) Gerda Steyn (4) Jasmin Nunige (5) Sarah Bard (6) Fikile Mbuthuma (13)	<u>MALE</u> Lungile Gongqa (1) Collen Makaza (4) Melly Kennedy (5) Kebede Dinke (6) Siphiwe Ndlela (9) Mike Fokoroni (11) Ludwick Mamabolo (15) Claude Moshiywa (16) Edward Mothibe (17) Temo Rampuku (18)	<u>FEMALE</u> Maryna Damantsevich (1) Ntombesintu Mfunzi (5) Thabita Tsatsa (8) Sarah Bard (10) Samukeliso Moyo (15)
2018	<u>MALE</u> Steven Way (3) Marko Mambo (4) Edward Mothibe (5) Geoff Burns (12) Fritjof Fagerlund (15) Professa Mthethwa (17) Mike Fokoroni (19)	<u>FEMALE</u> Gerda Steyn (2) Charne Bosman (5) Sarah Bard (8) Fikile Mbuthuma (12) Frida Södermark (13) Deanné Horn (15)	<u>MALE</u> Justin Kemboi (1) Lebenya Nkoka (2) Melly Kennedy (4) Moeketsi Mosuhli (9) Mike Fokoroni (10) Jesse Gichuhi (11) Gift Chigomarawa (15) Lungile Gongqa (19)	<u>FEMALE</u> Gerda Steyn (1) Charne Bosman (3) Loveness Madziva (8) Selam Alebachew (9) Ntombesintu Mfunzi (10) Jennifer Koech (14) Chelitu Asefa (16) Deanné Horn (17)