

**NEDBANK RUNIFIED 50KM BREAKING BARRIERS WORLD RECORDS ATTEMPT RACE IN NESLON
MANDELA BAY MUNICIPALITY 6 MARCH 2022**



Dear Athlete

Thank you very much that you will be part of the Nedbank Runified Breaking Barriers 50km Ultra marathon.

We are ready to receive you in Gqeberha in March.

After a record breaking event last year that saw two World best times ever in the men's and women's only race with an additional 4 World best age group times, the Nedbank Breaking Barriers 50km looks set to continue that record breaking run to be held in Gqeberha on 6 March 2022 after the event was awarded a label status, the first of its kind ever for an ultra-marathon.

World Athletics (WA), the governing body for international athletics, gifted Athletics South Africa (ASA), Eastern Province Athletics (EPA) and the Nick B Sport team a World first as the first ever ultra-marathon to receive a World Athletics Elite label status. By virtue of this prestigious status, the event is now recognized by World Athletics as one of the leading events in the World.

Transport from the airport:

If you need us to pick you up at Port Elizabeth airport, please e-mail us your arrival date and time and your departing date and time for drop off.

Email your Itinerary to:

nbsport@lantic.net and nickb@lantic.net before 28 February 2022

Television Broadcast and Coverage:

The race will have SABC TV, Suppersport coverage and it will be live streamed across the globe. This will enable you to gain great publicity for you and your club sponsors and partners.

Current WA approved records are as follows:

Women only:

Current World Record 3:04:24 Irvette van Zyl, RSA 05.07.1987 - Port Elizabeth RSA 23.05.2021

Men:

Current World Record 2:42:07 Ketema Bekele Negasa, ETH 07.10.1986 - Port Elizabeth RSA 23.05.2021

Current Women World Record (mixed race) : 2:59:54 Des Linden-USA Dorena Lake USA 13 April 2021

Age Group World Best times:

We will also give special permission to age group athletes up to the age group of 75, (based on road closure times) to compete in the race for those with the ability to achieve World Best Age Group times. Those athletes should follow the same process of send us their running CV. The relevant Current World Best Age group times and minimum entry criteria are on the web site

Covid compliance and rules for the competing athletes:

The relevant race rules and references are on the web site for reading prior to entry along with the required waivers.

The following is the basis of the Covid Compliancy. Obviously this may be changed should the situation in the country change by race day.

Upon arriving at the designated Hotel or at any meetings, planned events and or any other gathering before, during your stay as well as before the start of the race, you will be required to always sanitize, wear your mask / buff that covers your nose and mouth, fill in the COVID-19 register and do the required temperature check that will be available at all points.

INTERNATIONAL TRAVELLERS: Travelers arriving on a flight or via transport from neighbouring countries and international travellers arriving at the airports or Ports of Entry listed as per the South African Government, must provide a valid certificate of a negative COVID-19 test, recognized by the

World Health Organization, which was obtained not more than 72 hours before the date of travel. In the event of the traveller's failure to submit a certificate as proof of a negative COVID-19 test, the traveller will be required to do an Antigen Test on arrival.

COVID-19 regulations level as Gazette by the South African Government on 01 October 2021 encourages every person to adhere to all COVID-19 Health protocols

- Screening for COVID-19 and quarantine or isolation, where necessary
- Sanitize and washing of hands
- Always wear your mask/buff that covers the nose and mouth except from start to finish of race and when vigorously exercising outdoors.
- Social distancing outdoors and indoors, at least one and a half meters from any other person.

The Race Organizers will not be held liable to pay for any cost for any COVID-19 Tests or Antigen Tests, Accommodation, Medical Bills or Food due to the person/people for any isolation or quarantine for testing positive for COVID-19, upon arrival, during the event or before departure to their designated country or any local travellers.

- <https://www.gov.za/covid-19/about/coronavirus-covid-19-alert-level-1>

Because of Covid19 protocol and restrictions all athletes have to stay in the same hotel where Covid regulations will be strictly followed and athletes and staff will be screened daily on entering the race hotel which is Southern Sun Marine in Port Elizabeth.

All athletes, managers, assistants and personnel who are fully vaccinated are advised to send their vaccination certificate to us or keep a copy in their possession.

Accommodation and Race Headquarters

The Race Hotel for the 2022 event will again be the Southern Sun the Marine Hotel which is 200 metres away from the start and finish and all participating athletes ,managers and staff must stay in this hotel to be Covid compliant. The hotel is offering special rates to you as an elite athlete and your management at the hotel at **R1450.00 B&B for Single and R1630 (R815 per athlete) for Double/Twin Rooms.**

Please book and pay your accommodation directly to the race hotel.

The Southern Sun Marine Hotel contact info is below and quote the following code when you do your booking.

Booking code for the Event – 4134595

Non – SA resident will need to provide the following details with their hotel bookings

- Surname
- First Name (Full)
- Passport Number
- Residential Status
- E-mail Address
- Residential Address (Street, City, Code and Country)
- Home Telephone Number
- Mobile Telephone Number
- Office Telephone Number

Note: that Nicoleen Blignaut, Reservations Manager is the contact person at the Hotel for the reservations for this event.

- **Email:** Nicoleen.Blignaut@tsogosun.com
- **Landline :** 041 583 2101
- **Mobile:** 0733457654.
- **Southern Sun The Marine,**
- **Marine Drive, Summerstrand, Port Elizabeth, 6001**

Prize money breakdown for the NEDBANK BREAKING BARRIERS 50KM RACE.

Top Ten Male & Female:

1. R130 000 (ZAR)
2. R60 000
3. R35 000
4. R25 000
5. R10 000

6. R7000
7. R6000
8. R5000
9. R2500
10. R1000

World Record incentives.

This is for the first male and female athlete who run a new World Athletics -IAU-World Record for 50km

- 1.Male R150 000 ZAR
- 1.Female R150 000 ZAR

Age Category Prizes for Male & Female:

- 35-39 R2 000
- 40-44 R2 000
- 45-49 R2 000
- 50-54 R2 000
- 55-59 R2 000
- 60-64 R2 000
- 65-69 R2 000
- 70+ R2 000

Continental Records for Male & Female:

- Africa R2 500
- Asia R2 500
- Europe R2 500
- North America R2 500
- Oceania R2 500

South America R2 500

Total prize purse value R925 000 plus R200 000 for SA Athletes:

Extra prize money for the South African Athletes

Males

1st – R50 000.00

2nd – R25 000.00

3rd – R15 000.00

4th – R7 000.00

5th – R3 000.00

Females

1st – R50 000.00

2nd – R25 000.00

3rd – R15 000.00

4th – R7 000.00

5th – R3 000.00

Total: R200 000.00

Total Prize Purse R1 125 000

Web links and information:

The following Links may be of interest to athletes considering this opportunity

Visit our race Website at: www.nickbsport.com

Visit our Nedbank RC Website at: www.nedbankrunningclub.co.za

Video link to last year's race 2021: [Nedbank Runified Live | Breaking Barriers - YouTube](#)

Results from 2021: [NEDBANK Runified 50Km \(mobielite.com\)](#)

Please don't hesitate to ask us your questions and concerns and how we will be able to assist you in any way.

Lets break Records!

