



CURRICULUM VITAE: DOMINIKA STELMACH

PERSONAL INFORMATION

FIRST NAMES / SURNAME: Dominika Stelmach
COUNTRY: Poland
DATE OF BIRTH: 1982
CLUB: Nedbank Running Club
EMAIL: dom.stelmach@gmail.com

PERSONAL BEST PERFORMANCES

Distance	Time	Location	Date
10 Kilometres	34:38	Warszawa (POL)	2018
Half Marathon	1:15:17	Warszawa (POL)	2017
Marathon	2:36:45	Debno (POL)	2021
50km	3:10:25	Gqeberha (RSA)	2021
100km	8:01:30	Poland	2016

Best Performances 2022

Kaiser Permanente Half Marathon, San Francisco, CA USA, 1:16:15, 1st
Comrades Marathon - Down Run (RSA) 90km, 6:25:09, 2nd

Best Performances 2021

Maraton Dębno, Debno POL 2:36:45, 8th
Piaseczyńska Piątka 5000m, Piaseczno POL 17:44.08, 3rd
Maraton Warszawski, Warszawa POL 2:41:47, 2nd
Nedbank Runified 50km, 3:10:25, 3rd

Best Performances 2020

Cape Peninsula Half Marathon, Cape Town, 1:18:31, 2nd
PZU Orlen Warsaw Marathon, Warszawa POL 2:41:57, 1st

Performances 2019

Ultra-Trail Cape Town (UTCT) 100 Km (RSA) 12:15:36, 3rd
IAU 50km WC Brasov (ROU) 3:17:27, 4th
Comrades Marathon - Up Run (RSA) 87km 6:34:58, 5th
Two Oceans Marathon (RSA) 56km 3:50:08, 4th

Highlights:



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- 1ST -50KM CHINA, FUXIAN
- 1ST -ECO TRAIL DE PARIS
- 2ND -TWO OCEANS MARATHON, 56KM, RSA 2018
- 2ND -REDBULL SKY RACE 30KM, NEW ZELAND 2018
- 2ND -EIFFEL TOWER RUN 2017
- 3RD -EINDHOVEN MARATHON 2016
- 5TH -ROMA MARATHON 2016
- 6TH -EUROPEAN TOWERRUNNING CHAMPIONSHIPS 2016

Wings for Life World Run

- 2015 – WINNER IN POLAND, 42KM
- 2016 – WINNER IN AUSTRALIA, 55KM
- 2017 – WINNER IN CHILE, 68KM (GLOBAL RECORD HOLDER)



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