

# Nedbank Runified Breaking Barriers 50 km Ultramarathon

26 February 2023



**BREAKING BARRIERS**

The 50km World records as well as age group World best times that will be the aim for many currently stand as per below:

\*Stephen Mokoka's 2:40:13 is currently awaiting ratification. His time has also since been beaten by American CJ Albertson who ran 2:38:44. Both these times are still pending ratification.

WBP/Mixed	Current	02:59:54	Linden, Des	USA	26.07.1986	Dorena Lake	USA	23.05.2021
WBP Women	Current	03:04:24	Van Zyl, Irvette	RSA	05.07.1987	Port Elizabeth	RSA	23.05.2021
Africa	Current	03:04:24	Van Zyl, Irvette	RSA	05.07.1987	Port Elizabeth	RSA	24.06.2018
Asia	Initial	03:18:34	Yoshida, Kaori	JAP	04.08.1981	Yubetsu	JAP	01.09.219
Europe	Current	03:07:20	Dixon, Alyson	GBR	24.09.1978	Brasov	ROU	10.12.1983
North America	Initial	03:13:51	Klecker, Janis	USA	18.07.1960	Tallahassee, FL	USA	13.04.2008
Oceania	Initial	03:19:12	Fairweather, Jackie	AUS	11.10.1967	Canberra	AUS	11.02.2007
South America	Initial	03:26:11	Wandscheer, Ilaine	BRA	26.12.1978	Rio Grande	BRA	23.05.2021
35	Current	03:10:27	Stelmach, Dominika	POL	28.02.1982	Port Elisabeth	RSA	01.09.219
40	Current	03:07:20	Dixon, Alyson	GBR	24.09.1978	Brasov	ROU	23.05.2021
	Current	03:24:04	Bosman, Charne	RSA	06.11.1975	Port Elizabeth	RSA	10.04.1994
	Current	03:41:57	Petrie, Lavina	GBR	13.09.1943	Canberra	AUS	23.05.2021
	Current	3:56:52	Laws, Meghan	USA	16.04.1961	Phoenix	USA	24 hr race interim
	Current	04:12:55	Will, Nancy	RSA	02.10.1952	Cape Town	RSA	04.04.2015
	Current	04:38:22	Young, Shirley	AUS	24.12.1929	East Burwood	AUS	1995
WBP*	Current	02:42:07	Negasa, KetemaBekele	ETH	07.10.1986	Port Elizabeth	RSA	23.05.2021
Africa	Current	02:42:07	Negasa, KetemaBekele	ETH	07.10.1986	Port Elizabeth	RSA	23.05.2021
Asia	Current	02:51:27	Kazami, Nao	JAP	09.04.1983	Brasov	ROU	01.09.2019
Europe	Current	02:47:42	Arrospide Garro, Iraitz	ESP	05.08.1988	Brasov	ROU	01.09.2019
North America*	Initial	02:43:45	Cox, Josh	USA	09.08.1975	Tempe	USA	16.01.2011
Oceania	Initial	02:50:11	Martelletti, Paul	NZL	01.08.1979	Boddington	GBR	Under investigation
South America	Initial	02:48:05	Pereira da Silva, Jose	BRA	05.07.1974	Rio Grande	BRA	15.02.2009
35	Current	2.42.14	Makhele, Jonas	RSA	10.12.1981	Port Elizabeth	RSA	23.05.2021
40	Current	02:48:39	Thys, Gert	RSA	12.11.1971	Cape Town	RSA	07.04.2012
45	Current	2.55.00	Moshiywa, Claude	RSA	10.10.1974	Port Elizabeth	RSA	23.05.2021
50	Current	02:58:18	Kotov, Vladimir	BLR	21.02.1958	Cape Town	RSA	03.04.2010
55	Current	03:17:26	Perkins, Otho	USA	08.03.1930	Worthington	USA	1986
60	Current	3.06.28	Hughes, Tomas Edward	IRL	08.01.1960	Lisburn	GBR	29.05.2021
65	Current	03:34:18	Shaw, John	AUS	03.06.1953	Wangaratt	AUS	28.10.2018

