

Personal information:

Birth name : Jean-Piere Roux
Nationality: South Africa
Born: 28 March 1987
Port Elizabeth, Eastern Cape
South Africa
Education: Eastern Cape Volkswagen College
Occupation : Qualified trade welder/ Site Supervisor
Years Present: 16 years

Sport

Country: South Africa
Sport: Athletics
Events: Short distances
Marathon
Ultra Marathon
Club: Nedbank running club
Coach: No Coach Great own programs

Achievements and Titles

Personal best: 5k TT Despatch
17:31
10k Spar Despatch 36:24
15k Galvendale 57:35
21.1k SA Half Marathon (EC)
1:23:50
24.2k N1 city marathon (EC)
2:58:58
Two Oceans Marathon x 2
4:18:35
Comrades Marathon x2

Up Comrades 9:35:45

Down Comrades 9:30:35

I am very passionate over my running and I take it serious. Sometimes it is not easy, because I have family and work responsibilities. I have 2 beautiful children and a wife and they support me all the way with my training and events.